

AUTUMN/WINTER MENU 2025

WEEK 1

MONDAY

TUESDAY
Burger Day

WEDNESDAY
Curry Day

THURSDAY

FRIDAY

MAIN

BEEF BOLOGNIASE
WITH WHOLEWHEAT
SPAGHETTI

SPICED DIRTY CHICKEN
BURGER IN A FLOURED
BUN WITH JACKET
WEDGES

CHICKEN CURRY
AND MIXED RICE

COTTAGE PIE
WITH GRAVY

MSC DEEP FRIED FISH
WITH CHIPPED POTATOES

MSC FISH FINGERS
WITH CHIPPED POTATOES

JACKETS

JACKET POTATO WITH
VARIOUS FILLINGS  

JACKET POTATO WITH
VARIOUS FILLINGS  

JACKET POTATO WITH
VARIOUS FILLINGS  

JACKET POTATO WITH
VARIOUS FILLINGS  

JACKET POTATO WITH
VARIOUS FILLINGS  

STREET

JOLLOF RICE 

BRATWURST SAUSAGE
IN A FLOURED BUN
WITH JACKET WEDGES


MAC N CHEESE 

IMPOSSIBLE CHICKEN
NOODLES 

CHEESE AND TOMATO
CALZONE 

PASTA



COLD

SELECTION OF
SANDWICHES,
BAGUETTES AND WRAPS

SELECTION OF
SANDWICHES,
BAGUETTES AND WRAPS

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SANDWICHES,
BAGUETTES AND WRAPS

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BAGUETTES AND WRAPS

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SANDWICHES,
BAGUETTES AND WRAPS

DESSERTS

APPLE PIE  AND
CUSTARD  

FRESH FRUIT 

FRUIT POTS 

ORGANIC FRUIT YOGURT 

ICE CREAM TUB 

BANANA CAKE 
AND CUSTARD  

FRESH FRUIT 

FRUIT POTS 

ORGANIC FRUIT YOGURT 

ICE CREAM TUB 

LEMON DRIZZLE CAKE 

FRESH FRUIT 

FRUIT POTS 

ORGANIC FRUIT YOGURT 

ICE CREAM TUB 

CHOCOLATE CRACKNEL 
AND CHOCOLATE SAUCE
 

FRESH FRUIT 

FRUIT POTS 

ORGANIC FRUIT YOGURT 

ICE CREAM TUB 

FRUITY FLAPJACK 

FRESH FRUIT 

FRUIT POTS 

ORGANIC FRUIT YOGURT 

ICE CREAM TUB 

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD.
A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER.
FRESH BREAD IS MADE DAILY.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals.

Why not try one of our delicious plant based dishes. Working to reduce sugar content of our desserts in line with current healthy living advice.

NOVEMBER

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

DECEMBER

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

JANUARY

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

FEBRUARY

M	T	W	T	F
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MARCH

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30	31			

Please note: all cakes, pastry and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HFA certified (or equivalent). Information on allergens present in this menu is available at www.walthamforest.gov.uk/schoolmeals or at the school.

 Vegetarian
 Vegan



AUTUMN/WINTER MENU 2025

WEEK 2

MONDAY

TUESDAY
Burger Day

WEDNESDAY
Curry Day

THURSDAY

FRIDAY

MAIN

SPICY MEATBALLS IN A TANGY TOMATO SAUCE WITH MIXED RICE

SPICY NACHO TOPPED BEEF BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES

LAMB ROGAN JOSH WITH MIXED RICE

JERK CHICKEN WITH RICE & PEAS

MSC FISH FINGERS WITH CHIPPED POTATOES

BUBBLE CRUMB SALMON WITH CHIPPED POTATOES

JACKETS

JACKET POTATO WITH VARIOUS FILLINGS  

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JACKET POTATO WITH VARIOUS FILLINGS  

STREET

MEXICAN STYLE QUORN LOADED BURRITO 

IMPOSSIBLE FILLET BURGER 

VEGETABLE, GINGER AND GARLIC STIR FRY WITH EGG NOODLES 

QUORN CHILLI DOG WITH TOMATO SALSA 

FIRECRACKER PIZZA 

PASTA



COLD

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

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DESSERTS

ICED SPONGE 
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

APPLE CRUMBLE 
SERVED WITH CUSTARD  
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

LEMON CHEESECAKE 
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

ETON MESS 
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

CHOCOLATE SPONGE 
WITH CHOCOLATE SAUCE  
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

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WEEK 3

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BURGER DAY

WEDNESDAY
CURRY DAY

THURSDAY

FRIDAY

MAIN

CHILLI CON CARNE
WITH MIXED RICE

VEGETABLE BIRYANI 

BEEF CURRY WITH
MIXED RICE

SAUSAGE AND MASH
WITH ONION GRAVY

MSC GOLDEN CRUMB
FISH FINGERS
WITH CHIPPED POTATOES

BATTERED FISH
WITH CHIPPED POTATOES

JACKETS

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VARIOUS FILLINGS  

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VARIOUS FILLINGS  

STREET

CLASSIC CHEESE &
TOMATO PIZZA WEDGE
WITH GARLIC BREAD 

SOUTHERN FRIED
CHICKEN BURGER AND
JACKET WEDGES

SAMOSA WITH MIXED
RICE AND SWEET
CHILLI SAUCE 

STICKY TOFU WITH
MIXED RICE 

CHEESE AND TOMATO
CALZONE 

PASTA



COLD

SELECTION OF
SANDWICHES,
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DESSERTS

PEACH MELBA 
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

EVES APPLE SPONGE 
AND CUSTARD  
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

FROSTED CARROT CAKE 
AND CUSTARD  
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

RICE PUDDING WITH
FRUIT COMPOTE 
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

STICKY CHOCOLATE
BROWNIE 
FRESH FRUIT 
FRUIT POTS 
ORGANIC FRUIT YOGURT 
ICE CREAM TUB 

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