MENU SPRING/SUMMER 2025



WEEK

MAINS

MONDAY

CLIMATE

CHANGE DAY

TUESDAY **BURGER DAY**

WEDNESDAY

CURRY DAY

THURSDAY

TRADITIONAL

DAY

FRIDAY

CHEFS CHOICE

HOMEMADE CHEESE AND POTATO PUFFS W WITH POTATO WEDGES

PASTA BAKE **V**

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

SPICED DIRTY
CHICKEN BURGER IN
A FLOURED BUN WITH
JACKET WEDGES

BRATWURST SAUSAGE IN A FLOURED BUN WITH JACKET WEDGES

JACKET POTATO WITH VARIOUS FILLINGS ● ✓ ●

CHICKEN CURRY AND MIXED RICE

SWEET POTATO AND CHICKPEA CURRY WITH MIXED RICE © */

JACKET POTATO WITH VARIOUS FILLINGS & Y

BEEF PASTITSIO

SMOKEY JACKFRUIT JAMBALAYA **©** ✓

JACKET POTATO WITH VARIOUS FILLINGS • V

MSC DEEP FRIED FISH WITH CHIPPED POTATOS

MSC FISH FINGERS WITH CHIPPED POTATOES

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

STREET

PASTA

COLD

DESSERTS

LOADED FRIES •

BEEF ENCHILADAS

MAC N CHEESE V

JERK CHICKEN WINGS

BBQ BEEF CALZONE



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS PASTA

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS PASTA

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

SUMMER CRUNCH POT

FRESH FRUIT **@** ✓

FRUIT POTS FY

ORGANIC FRUIT YOGURT V

ICE CREAM TUB ♥

BANANA CAKE ♥
AND CUSTARD ♠ ✓ ♥

FRESH FRUIT **©** ✓

FRUIT POTS FY

ORGANIC FRUIT YOGURT V

ICE CREAM TUB

LEMON DRIZZLE CAKE V

FRESH FRUIT **©** ∀

FRUIT POTS •V

ORGANIC FRUIT YOGURT

ICE CREAM TUB V

CHOCOLATE CRACKNEL
AND CHOCOLATE SAUCE ♥

FRESH FRUIT FY

FRUIT POTS FY

ORGANIC FRUIT YOGURT

ICE CREAM TUB

FRUITY FLAPJACK •

FRESH FRUIT •

FRUIT POTS •V

ORGANIC FRUIT YOGURT

ICE CREAM TUB

A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER

Provider of excellent quality, freshly cooked, tasty, nutritious school meals.

Why not try one of our delicious plant based dishes. Working to reduce sugar content of our desserts in line with current healthy living advice.

V Vegetarian✓EV Vegan

Please note: all cakes, pastry and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HFA certified (or equivalent). Information on allergens present in this menu is available at www. walthamforest.gov.uk/schoolmeals or at the school.

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TRADITIONAL

DAY

FRIDAY

CHEFS CHOICE

CREAMY TOMATO PASTA BAKE ♥

STUFFED BELL PEPPER **®** ✓

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

SPICY NACHO TOPPED BEEF BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES

HALLOUMI BURGER
WITH ITALIAN DICED
POTATOES ♥

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

LAMB ROGAN JOSH WITH MIXED RICE

THAI KATSU CURRY WITH MIXED RICE ♥✓

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

PERI PERI CHICKEN LEGS SERVED WITH ROSEMARY ROAST POTATOES

HOMEMADE CHEESE AND SWEETCORN QUICHE WITH ROSEMARY ROAST POTATOES •

JACKET POTATO WITH VARIOUS FILLINGS ® Y •

MSC FISH FINGERS WITH CHIPPED POTATOES

BUBBLE CRUMB SALMON WITH CHIPPED POTATOES

JACKET POTATO WITH VARIOUS FILLINGS ● ✓ ●

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

STREET

PASTA

COLD

DESSERTS

LOADED BURRITO V

MEXICAN STYLE QUORN



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS FISH AND CHIP WRAP



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS CHILLI TOPPED NACHOS



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS TEX MEX



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS PEPPER FLATBREADS •

SPICY GREEN JALAPENO



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

PEACH MELBA

FRESH FRUIT @Y

FRUIT POTS FY

ORGANIC FRUIT YOGURT V

ICE CREAM TUB ♥

APPLE CRUMBLE ♥
WITH CUSTARD ♥ ♥

FRESH FRUIT **©** ✓

FRUIT POTS FY

ORGANIC FRUIT YOGURT V

ICE CREAM TUB

LEMON CHEESECAKE V

FRESH FRUIT **©** ✓

FRUIT POTS FY

ORGANIC FRUIT YOGURT V

ICE CREAM TUB V

ETON MESS V

FRESH FRUIT FY

FRUIT POTS FY

ORGANIC FRUIT YOGURT

ICE CREAM TUB V

CHOCOLATE AND
BEETROOT MUFFIN ♥ WITH
CUSTARD ♥ ♥

FRESH FRUIT • V

FRUIT POTS **♥** ✓

ORGANIC FRUIT YOGURT

ICE CREAM TUB

A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER

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CURRY DAY

THURSDAY

TRADITIONAL

DAY

FRIDAY

CHEFS CHOICE

CREAMY
MAC N CHEESE ♥

JOLLOF RICE FY

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

SOUTHERN FRIED CHICKEN BURGER AND JACKET WEDGES

FALAFEL STUFFED PITTA
WITH MINT YOGURT AND
RED CABBAGE ♥

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

BEEF CURRY WITH MIXED RICE

VEGETABLE CURRY WITH MIXED RICE ♥

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

SAUSAGE AND MASH WITH ONION GRAVY

FIVE LAYER LASAGNE ♥

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

MSC BATTERED FISH AND OVEN BAKED CHIPPED POTATOES

MSC GOLDEN CRUMB FISH FINGERS AND OVEN BAKED CHIPPED POTATOES

JACKET POTATO WITH VARIOUS FILLINGS ♥ ♥

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

QOURN CHILLI DOG

WITH TOMATO SALSA V

STREET

PASTA

COLD

DESSERTS

CLASSIC CHEESE AND TOMATO PIZZA WEDGE AND GARLIC BREAD •



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS SMOKEY BEEF BURRITO



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS SAMOSA WITH MIXED RICE AND SWEET CHILLI SAUCE ♥♥



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS CHICKEN ZINGER WRAP



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS



SELECTION OF SANDWICHES, BAGUETTES AND WRAPS

FRUIT JELLY FY

FRESH FRUIT 6

FRUIT POTS **©** Y

ORGANIC FRUIT YOGURT

ICE CREAM TUB ♥

APPLE TURNOVER 💇 🗸

FRESH FRUIT FY

FRUIT POTS FY

ORGANIC FRUIT YOGURT

ICE CREAM TUB ♥

FROSTED CARROT CAKE ♥
AND CUSTARD ♥✓♥

FRESH FRUIT © Y

FRUIT POTS •Y

ORGANIC FRUIT YOGURT V

ICE CREAM TUB

RICE PUDDING WITH FRUIT COMPOTE •

FRESH FRUIT •

FRUIT POTS FY

ORGANIC FRUIT YOGURT

ICE CREAM TUB

STICKY CHOCOLATE BROWNIE •

FRESH FRUIT •

FRUIT POTS •Y

ORGANIC FRUIT YOGURT

ICE CREAM TUB

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