

Menu Listing with Allergens

**Menu: Secondary Spring
Summer Menu Monday
Week 3 2025**

Contains

	Contains	May Contain	Does Not Contain	No Information
●				
◐				
○				
✱				

Product Description

[illegible]

London Borough of Waltham Forest Menu Listing with Allergens

Menu: Secondary Spring
Summer Menu Tuesday
Week 3 2025

Contains

	Contains
	May Contain
	Does Not Contain
	No Information

Product Description

- Chicken Burger
- Falafel, Pitta, Mint Yogurt & Red Cabbage
- Smokey Beef Burrito
- Jacket Wedges
- Apple Turnover

Rye	○	○	○	○	○
Oats	○	○	○	○	○
Barley	○	○	○	○	○
Walnuts	○	○	○	○	○
Pistachio Nuts	○	○	○	○	○
Pecan Nuts	○	○	○	○	○
Macadamia Nuts	○	○	○	○	○
Hazelnuts	○	○	○	○	○
Cashew Nuts	○	○	○	○	○
Brazil Nuts	○	○	○	○	○
Almonds	○	○	○	○	○
Wheat	○	○	●	●	●
Nuts	○	○	○	○	○
Soya	◐	○	○	●	○
Sulphur Dioxide and Sulphites	○	○	○	○	○
Sesame	○	○	○	◐	○
Peanuts	○	○	○	○	○
Mustard	◐	○	○	○	○
Molluscs	○	○	○	○	○
Milk	○	○	○	●	○
Lupin	○	○	○	○	○
Fish	○	○	○	○	○
Eggs	○	○	●	○	○
Crustaceans	○	○	○	○	○
Cereals containing Gluten	●	○	○	●	○
Celery	○	○	○	○	●

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Contains

●	Contains
◐	May Contain
○	Does Not Contain
✱	No Information

Product Description

[illegible]

Menu Listing with Allergens

Menu: Secondary Spring
Summer Menu Thursday
Week 3 2025

Contains

●	Contains
◐	May Contain
○	Does Not Contain
✱	No Information

Product Description

- Sausages and Caramelised Onions
- Creamy Mashed Potato
- Gravy
- Five Layer Vegetable Lasagne
- Chicken Zinger Wraps
- Creamed Rice Pudding with Fruit Compote

[illegible]

Menu Listing with Allergens

Contains

●	Contains
◐	May Contain
○	Does Not Contain
✱	No Information

Product Description

- Fish Fingers
- Fried Fish in Batter
- Chilli Dog
- Tomato Salsa Dip

Rye	○○○○
Oats	○○○○
Barley	○○○○
Walnuts	○○○○
Pistachio Nuts	○○○○
Pecan Nuts	○○○○
Macadamia Nuts	○○○○
Hazelnuts	○○○○
Cashew Nuts	○○○○
Brazil Nuts	○○○○
Almonds	○○○○
Wheat	○○●●
Nuts	○○○○
Soya	○○◐○
Sulphur Dioxide and Sulphites	○○○○
Sesame	○○◐○
Peanuts	○○○○
Mustard	○○○○
Molluscs	○○○○
Milk	○○●○
Lupin	○○○○
Fish	○○●●
Eggs	○○●○
Crustaceans	○○○○
Cereals containing Gluten	○○●●
Celery	○○○○

[illegible]