

Menu Listing with Allergens

**Menu: Secondary
Spring/Summer Menu
Monday Week 2 2025**

	Contains
	May Contain
	Does Not Contain
	No Information

- Vegetable Pasta Bake
- Stuffed Peppers
- Mexican Style Quorn Loaded Burrito
- Peach Melba

Rye	○	○	○	○
Oats	○	○	○	○
Barley	○	○	○	○
Walnuts	○	○	○	○
Pistachio Nuts	○	○	○	○
Pecan Nuts	○	○	○	○
Macadamia Nuts	○	○	○	○
Hazelnuts	○	○	○	○
Cashew Nuts	○	○	○	○
Brazil Nuts	○	○	○	○
Almonds	○	○	○	○
Wheat	○	●	●	●
Nuts	○	○	○	○
Soya	○	○	○	◐
Sulphur Dioxide and Sulphites	○	○	○	○
Sesame	○	○	○	○
Peanuts	○	○	○	○
Mustard	○	○	○	◐
Molluscs	○	○	○	○
Milk	●	●	●	○
Lupin	○	○	○	○
Fish	○	○	○	○
Eggs	○	●	○	○
Crustaceans	○	○	○	○
Cereals containing Gluten	○	●	●	●
Celery	○	○	○	○

London Borough of Waltham Forest Menu Listing with Allergens

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Spring/Summer Menu
Tuesday Week 2 2025

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○	Does Not Contain
✱	No Information

Product Description

[illegible]

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Contains

Product Description

Rye	○ ○ ○ ○ ○
Oats	○ ○ ○ ○ ○
Barley	○ ○ ○ ○ ○
Walnuts	○ ○ ○ ○ ○
Pistachio Nuts	○ ○ ○ ○ ○
Pecan Nuts	○ ○ ○ ○ ○
Macadamia Nuts	○ ○ ○ ○ ○
Hazelnuts	○ ○ ○ ○ ○
Cashew Nuts	○ ○ ○ ○ ○
Brazil Nuts	○ ○ ○ ○ ○
Almonds	○ ○ ○ ○ ○
Wheat	○ ● ○ ○ ○
Nuts	○ ○ ○ ○ ○
Soya	◐ ○ ○ ● ○
Sulphur Dioxide and Sulphites	○ ○ ○ ○ ○
Sesame	○ ○ ○ ○ ○
Peanuts	○ ○ ○ ○ ○
Mustard	○ ○ ○ ● ○
Molluscs	○ ○ ○ ○ ○
Milk	● ○ ○ ○ ○
Lupin	○ ○ ○ ○ ○
Fish	○ ○ ○ ○ ○
Eggs	○ ○ ○ ● ○
Crustaceans	○ ○ ○ ○ ○
Cereals containing Gluten	● ○ ○ ○ ○
Celery	○ ○ ○ ○ ○

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Celery	

- Peri Peri Chicken Legs
- Sweetcorn and Pepper Quiche
- Tex Mex Wrap
- Mixed Rice
- Eton Mess

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Product Description

[illegible]