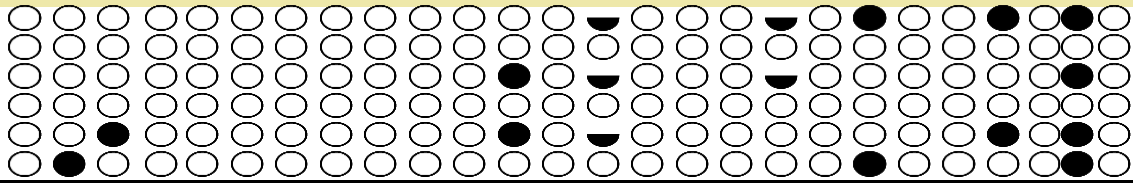


Menu Listing with Allergens

Contains

Rye	
Oats	
Barley	
Walnuts	
Pistachio Nuts	
Pecan Nuts	
Macadamia Nuts	
Hazelnuts	
Cashew Nuts	
Brazil Nuts	
Almonds	
Wheat	
Nuts	
Soya	
Sulphur Dioxide and Sulphites	
Sesame	
Peanuts	
Mustard	
Molluscs	
Milk	
Lupin	
Fish	
Eggs	
Crustaceans	
Cereals containing Gluten	
Celery	

Cheese & Potato Puff
Herby Diced Potatoes
Vegetable Pasta Bake
Mixed Rice
Loaded Fries
Summer Fruit Yoghurt Crunch Pots



Menu Listing with Allergens

Contains

Rye	
Oats	
Barley	
Walnuts	
Pistachio Nuts	
Pecan Nuts	
Macadamia Nuts	
Hazelnuts	
Cashew Nuts	
Brazil Nuts	
Almonds	
Wheat	
Nuts	
Soya	
Sulphur Dioxide and Sulphites	
Sesame	
Peanuts	
Mustard	
Molluscs	
Milk	
Lupin	
Fish	
Eggs	
Crustaceans	
Cereals containing Gluten	
Celery	

[illegible]

London Borough of Waltham Forest
Menu Listing with Allergens

**Menu: Secondary Spring
 Summer Menu
 Wednesday Week 1 2025**

Contains

- Contains
- ◐ May Contain
- Does Not Contain
- * No Information

Product Description

	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Wheat	Nuts	Soya	Sulphur Dioxide and Sulphites	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing Gluten	Celery
Chicken Curry	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○
Mixed Rice	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Sweet Potato and Chickpea Curry	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Macaroni Cheese	○	○	○	○	○	○	○	○	○	○	○	●	○	○	○	○	○	○	○	●	○	○	○	○	○	○
Lemon Feather Iced Sponge	○	○	○	○	○	○	○	○	○	○	○	●	○	◐	○	○	○	○	○	●	○	○	○	○	○	○

Menu Listing with Allergens

Menu:	Secondary Spring Summer Menu Thursday Week 1 2025
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Contains

	Contains
	May Contain
	Does Not Contain
	No Information

Product Description

- Beef Pastitsio
- Smokey Jackfruit Jambalaya
- Jerk Chicken Wings
- Chocolate Cracknel
- Chocolate Sauce

Rye	○	○	○	○	○
Oats	○	○	○	○	○
Barley	○	●	○	○	○
Walnuts	○	○	○	○	○
Pistachio Nuts	○	○	○	○	○
Pecan Nuts	○	○	○	○	○
Macadamia Nuts	○	○	○	○	○
Hazelnuts	○	○	○	○	○
Cashew Nuts	○	○	○	○	○
Brazil Nuts	○	○	○	○	○
Almonds	○	○	○	○	○
Wheat	○	●	○	○	●
Nuts	○	○	○	○	○
Soya	○	○	●	○	◐
Sulphur Dioxide and Sulphites	○	○	●	○	○
Sesame	○	○	○	○	○
Peanuts	○	○	○	○	○
Mustard	○	○	○	○	◐
Molluscs	○	○	○	○	○
Milk	●	●	○	○	●
Lupin	○	○	○	○	○
Fish	○	○	○	○	○
Eggs	○	○	○	○	●
Crustaceans	○	○	○	○	○
Cereals containing Gluten	○	●	○	○	●
Celery	○	○	○	○	●

