





London Borough of Waltham Forest
Menu Listing with Allergens

























































































































































































































Menu: Secondary Winter Week 1
Tuesday 2023/24

Contains

-  Contains
-  May Contain
-  Does Not Contain
-  No Information

- Rye
- Oats
- Barley
- Walnuts
- Pistachio Nuts
- Pecan Nuts
- Macadamia Nuts
- Hazelnuts
- Cashew Nuts
- Brazil Nuts
- Almonds
- Wheat
- Nuts
- Soya
- Sulphur Dioxide and Sulphites
- Sesame
- Peanuts
- Mustard
- Molluscs
- Milk
- Lupin
- Fish
- Eggs
- Crustaceans
- Cereals containing Gluten
- Celery

Product Description

Sticky Tofu																											
Mixed Rice																											
Vegetable Stir Fry with Ginger & Garlic																											
Noodles																											
Macaroni Cheese																											
Broccoli																											
Mixed Vegetables																											
Chocolate Cracknel																											
Chocolate Sauce	