

WEEK 1

Monday



CHOOSE FROM

Planet Pizza 
Planet Pizza 
Jacket Potato  with a choice of fillings

SIDES

Jacket Wedges

UNLIMITED



Sweetcorn, Minted Garden Peas, Fresh Salad Selection, Homemade Garlic Bread

DESSERT

Pineapple & Ice Cream
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Tuesday

CHOOSE FROM

Mac N Cheese 
Meatballs in Tomato sauce
Jacket Potato  with a choice of fillings

SIDES

Wholemeal Spaghetti

UNLIMITED


Mixed Vegetables, Broccoli, Fresh Salad Selection, Homemade Bread

DESSERT

Fruit Jelly Pot 
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Wednesday

CHOOSE FROM

Sweet Potato Korma 
MSC Lemon Crumb Salmon Fillet with Lemon Twist
Lemon & Garlic Chicken

SIDES

Steamed Minted New Potatoes
50/50 Rice

UNLIMITED

Shredded Green Cabbage, Organic Carrots, Fresh Salad Selection, Homemade Bread

DESSERT

Lemon Drizzle Cake with Custard
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Thursday

CHOOSE FROM

Jerk Chicken
Five Bean Burrito 
Jacket Potato  with a choice of fillings

SIDES

Rice and Peas

UNLIMITED

Sweetcorn, Green Beans, Fresh Salad Selection, Homemade Bread

DESSERT

Peaches & Custard
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Friday

CHOOSE FROM

Samosa 
MSC Fish Fingers
Filled Baguettes


SIDES

Oven Baked Chips

UNLIMITED

Minted Garden Peas, Baked Beans, Fresh Salad Selection, Homemade Bread

DESSERT

Homemade Shortbread Biscuit with Wedge of Fresh Orange 
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

WEEK 1 COMMENCING: 19 April, 3 May, 17 May, 7 June, 21 June, 5 July, 19 July

WEEK 2

Monday



CHOOSE FROM

Tomato & Vegetable Pasta Bake 
Bolognese 
Jacket Potato  with a choice of fillings


SIDES

Wholemeal Spaghetti

UNLIMITED



Sweetcorn, Green Beans, Fresh Salad Selection, Homemade Bread

DESSERT

Mixed Fruit Crumble 
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Tuesday

CHOOSE FROM

Vegetable Sausage Toad in the Hole 
Chicken & Ginger Stir Fry with Noodles
Jacket Potato  with a choice of fillings

SIDES

Seasoned Jacket Wedges

UNLIMITED



Broccoli, Organic Carrots, Fresh Salad Selection, Homemade Bread

DESSERT

Cheese & Crackers with Fresh Apple Slice
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Wednesday

CHOOSE FROM

Chicken Biryani
Homemade Cheddar & Sweetcorn Slice 
Jacket Potato with Baked Beans 


SIDES

50/50 Mixed Rice

UNLIMITED


Cauliflower, Garden Peas, Fresh Salad Selection, Homemade Bread

DESSERT

Fruit Salad  & Ice Cream
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Thursday

CHOOSE FROM

Squash & Spinach Curry 
Oven Roasted Sausages
Jacket Potato  with a choice of fillings

SIDES

Creamed Mashed Potato

UNLIMITED




Sweetcorn, Mixed Vegetables, Fresh Salad Selection, Homemade Bread

DESSERT

Carrot Cake & Custard
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

Friday

CHOOSE FROM

Fish Fingers 
Homemade Falafel Filled Torpedo Roll 
Jacket Potato  with a choice of fillings

SIDES

Oven Baked Chips



UNLIMITED

Baked Beans, Garden Peas, Fresh Salad Selection, Homemade Bread

DESSERT

Fruit Jelly Pot 
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

WEEK 2 COMMENCING: 26 April, 10 May, 24 May, 14 June, 28 June, 12 July

 Vegetarian Option
 Vegan Option

Committed to reducing sugar in our menus

We are proud to have taken further steps to reduce the amount of sugar that children are eating whilst at school, which can lead to tooth decay and obesity. We have reduced the number of sugar based desserts and introduced cheese and crackers with apple every day.



Please note: all cakes, pastry and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HFA certified (or equivalent). Information on allergens present in this menu is available at www.walthamforest.gov.uk/schoolmeals or at the school.